FOR IMMEDIATE RELEASE

Contact: Susie Stockwell, deCordova Sculpture Park and Museum
sstockwell@decordova.org, T: 781.259.3620

Lorin Seidman, Stil Studio
lorinseidman@gmail.com, T: 617.990.4176

DeCordova Sculpture Park and Museum and Stil Studio present Yoga in the Park

An Outdoor Yoga Series to Bring Families Together for Fun and Fitness in
June, July, and August

Lincoln, MA, May 5, 2011—DeCordova Sculpture Park and Museum and partner Stil Studio, acclaimed yoga studio and retail store at Dedham’s Legacy Place, are pleased to announce they will host a summer series of outdoor yoga classes on the grounds of deCordova’s Sculpture Park. “Yoga in the Park” will consist of three sessions filled with fun, fitness, relaxation, and music for the entire family on the second Sundays of June, July, and August.

This is the second year that deCordova and Stil Studio have partnered to offer a unique outdoor yoga experience for families in the tranquil, inspiring setting of the Sculpture Park. Studio owners Kevan Gale and Betty Riaz believe that practicing yoga is just as important children as it is for adults because of its ability to inspire self-confidence and healthy living.

Two half hour classes for children will be offered each morning followed by an hour long class for adults of all levels. Families are welcome to join their children in the morning classes.

Event Schedule:

Sunday, June 12
10–10:30 am: Children’s Yoga Class for Ages 3 to 6 with teacher Katy O’Brien
10:30–11 am: Children’s Yoga Class for Ages 7 to 12 with teacher Katy O’Brien
11 am–12 pm: PranaVayu Yoga Concert Class with teacher Kevan Gale and musician Carla Ryder (adults only, all levels)

Sunday, July 10
10–10:30 am: Children’s Yoga Class for Ages 3 to 6 with teacher Katy O’Brien
10:30–11 am: Children’s Yoga Class for Ages 7 to 12 with teacher Katy O’Brien
11 am–12 pm: DJ Yoga Flow Class with teacher Betty Riaz (adults only, all levels)

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Sunday, August 14
10–10:30 am: Children’s Yoga Class for Ages 3 to 6 with teacher Katy O’Brien
10:30–11 am: Children’s Yoga Class for Ages 7 to 12 with teacher Katy O’Brien
11 am–12 pm: Yoga Class with teacher Bianca Grace and musicians The Grass Gypsies (adults only, all levels)

Location:
deCordova Sculpture Park and Museum
51 Sandy Pond Road
Lincoln, MA 01773

Cost:
Adults: $10 per session or $25 for all three sessions
Families $25 per session
deCordova Members: Free

Prices include complimentary admission to the Sculpture Park and Museum. On view May 29, 2011: Ursula von Rydingsvard: Sculpture, Andy Goldsworthy: Snow, and Wall Works. PLATFORM 7: Tory Fair, Testing a World View (Again) opens July 23, 2011 and PLATFORM 8: Soo Young Park and Spencer Topel, Capturing Resonance opens August 6, 2011. Following each “Yoga in the Park” event, Sculpture Park tours will be offered at 1pm and Museum tours of the summer exhibitions will be offered at 2 pm. Families are encouraged to purchase or bring a picnic lunch to enjoy in the Sculpture Park following their yoga classes. The Museum Café will be open from 11 am–4 pm, offering sandwiches, salads, and beverages. The new Park Café, which opens May 28 located in the courtyard behind deCordova Store, will be open from 12:30–2:30 pm, offering lemonade and Firenze Gelato. Vita Coco, “Yoga in the Park” sponsor, will also provide coconut water to all participating yogis.

Reservations: To purchase tickets for yourself or your family in any of the three sessions, please visit www.decordova.org/yoga-park. Drop in tickets may be available day-of, but pre-registration is strongly encouraged to secure your spot(s). A rain location in the museum will be selected for a limited amount of participants.

About Stil Studio: Stil Studio was created to bring yoga and retail to a new dimension. The luxurious yoga studio, directed by Kevan Gale, features a striking salvaged Maine barn door entrance, cork flooring, rounded walls, and luminous lighting to create a calm and serene atmosphere. Awash in vibrant colors, the studio’s retail area offers organic clothing, candles, incense, jewelry and objets d’art hand-selected by co-owner Betty Riaz to reflect the yoga lifestyle. For more information, please visit www.stilstudio.com.

About deCordova: Established in 1950, deCordova Sculpture Park and Museum features unique indoor and
outdoor venues, allowing visitors to celebrate and explore contemporary sculpture and art across 35 acres. Outside, deCordova’s Sculpture Park hosts more than 60 works, the majority of which are on loan to the Museum. Inside, the Museum features a robust slate of rotating exhibitions and innovative interpretive programming. deCordova is committed to exhibiting high-quality, accessible art of nationally and internationally recognized artists, while also maintaining a strong relationship with established and emerging New England artists. DeCordova offers one of the largest non-degree granting studio art programs in New England, enrolling approximately 2,000 students in various classes and workshops throughout the year and also maintains a Permanent Collection of approximately 3,400 works. DeCordova’s Corporate Program provides businesses the opportunity to support the institution and New England-based contemporary artists through membership initiatives and the Art Loan option—a unique program created to exhibit artwork from New England artists and deCordova’s Permanent Collection in Corporate Member offices. Museum attracts more than 100,000 visitors from New England and tourists from around the world to its campus each year.

**General Information**

DeCordova is open Tuesday through Sunday, from 10 am to 5 pm and on select Monday holidays. General admission during Museum hours is $12 for adults; $8 for senior citizens, students, and youth ages 6–12. Children ages 5 and under, Lincoln residents, and Active Duty Military Personnel and their dependents are admitted free. The Sculpture Park is open year-round during daylight hours. Guided public tours of the Museum’s main galleries take place every Thursday at 1 pm and Sunday at 2 pm. Tours of the Sculpture Park are given on Saturday and Sunday at 1 pm from April to November. All guided tours are free with Campus admission. Visit decordova.org or call 781.259.8355 or further information.

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